**Title of manuscript**

The names and affiliations of the authors: The names should be completed, no abbreviations and in the order: First Name Middle Name Last Name. It is important that the name be spelled in that order; this is how they will be submitted to PUBMED

The name and email address of the corresponding author.

**Abstract**

A single paragraph, no sections, maximum of 300 words

**Perspective**

Include your work here, structured in paragraphs. There is no need for introduction, methods etc...

**Competing interests**

Declare any competing interests here. If there are no competing interests to declare us the mention: The authors declare no competing interest.

**Acknowledgements (if any)**

If any, mention it here

**References (maximum 30 references)**

Include your reference list here. Ensure that the list if formatted according to the journal standards