

## Research



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## Isolation of *Salmonella* from raw beef and chicken used in fast food restaurants in Abuja, Nigeria

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## Abstract

**Introduction:** *Salmonella* is one of the important causes of foodborne illness in man and a significant foodborne pathogen worldwide contaminating animal products. Human illnesses due to this pathogen are attributed to deficient biosecurity during production, inappropriate processing, and control of meat and meat products which are common practices in developing countries. Information on the prevalence of *Salmonella* in animal products used in the preparation of meals in fast-food restaurants in Nigeria is scanty according to the available literature. **Methods:** from November 2017 to July 2018, 136 samples of raw beef and 150 raw chicken samples totaling 286 samples were collected from 151 fast-food restaurants in Abuja, Nigeria using a systematic sampling approach. All isolates were identified following pre-enrichment, enrichment, plating, biochemical characterization, and Microbact 12E identification. Susceptibilities of the isolates to 20 commonly used antibiotics were determined by the disc diffusion method. The presence of the *invA* gene was determined by Polymerase chain reaction. **Results:** two (1.5%) out of the raw beef samples were positive for *Salmonella* and none was recovered from raw chicken; and all the isolates exhibited multiple drug resistance phenotypes. Both isolates were shown to harbor the *invA* gene. **Conclusion:** two (2) isolates of genus *Salmonella* were isolated from raw beef; both harbored the virulence-associated gene *invA* and showed multiple drug resistance (MDR). Prevalence of *Salmonella* in Abuja seems to be lower than recently reported studies. The detection of *invA* suggests that the isolates are potentially virulent.

## Introduction

*Salmonella* is one of the most common causes of foodborne diarrheal diseases worldwide and most of these infections are zoonotic and transmitted from apparently healthy carrier animals to humans through contaminated foods. The main reservoirs of zoonotic *Salmonella* are food animals, and the main sources of infections in industrialized countries are animal-derived products, notably fresh meat products, poultry, and eggs [1]. In developing countries, however, contaminated water, vegetables, and human-to-human transmission contribute to a comparatively larger proportion of human cases than those in developed countries [2]. Microbial food safety is an increasing public health concern worldwide and the importance of food as a vehicle for the transmission of many diseases has been documented for a long time, especially in developing countries where hygienic standards are not strictly enforced and followed. These microorganisms have led to foodborne outbreaks and several countries have seen dramatic and steady increases in human outbreaks of salmonellosis, caused by infections in animals [3]. In addition to human health implications, *Salmonella* is a pathogen of significant importance in animal production especially in the context of the emergence of antibiotic-resistant strains. The therapeutic use of antibiotics in animals has led to a threat to animal and human health. Increasing attention has been centered on the control and prevention of *Salmonella* in animal production, as this is the most likely source of outbreaks in humans [4]. In most developing countries, there is paucity of reliable statistics on foodborne diseases due to poor or non-existent reporting systems. Biological contaminants largely bacteria, viruses, and parasites constitute the major cause of food-borne diseases [5]. Even though the restaurant industry plays an important role in the safety of the food supply chain, the proportion of illnesses that result from the consumption of food from restaurants is still unknown [6].

Although *Salmonella* being the second highest cause of food-borne illnesses in humans it has shown the varying prevalence rates in meat from many studies and its implication suggests the need for improved and strict food hygiene and safety management system in the abattoirs [7], during transportation, handling, and preparation of food. The rapid diagnosis of foodborne illness-causing pathogens is crucial for the food industry and public health. The *invA* gene is necessary for full virulence in *Salmonella* and has been suggested to trigger internalization required for invasion of deeper tissues [8]. It has been reported, that there is a considerable decrease in the number of false-positive results when *invA* primers specific for *Salmonella* were used; and amplification of the *invA* gene is now acknowledged as an international standard procedure for the detection of the *Salmonella* genus [8]. In recent times, several investigations continued to demonstrate the presence of *Salmonella* from different parts of Nigeria. *Salmonella* have been reported in chickens and turkey in Nsukka [9], in frozen poultry meat in Ibadan [10], poultry in Kwara [11], poultry and poultry sources from Maiduguri and Ibadan [12], raw meats sold in Lagos [13], retail beef and related meat products in Zaria [14] and raw beef in Jos [15]. Prevalence rates of 14.1% have been reported from commercial broiler chickens [16] and a prevalence of 15.4% from raw chicken meat in southern Nigeria [17]. This study was carried out to determine the prevalence of *Salmonella* from raw beef and chicken used to prepare meals in Fast-food restaurants in Abuja, Nigeria.

## Methods

**Study area:** Abuja is the Federal capital of Nigeria located in the central region of the country just north of the confluence of rivers Niger and Benue. It is situated within the Savannah region with moderate climatic conditions. The territory is currently made up of six local councils, comprising the Abuja Municipal Area Council (AMAC), Abaji, Gwagwalada, Kuje, Bwari, and Kwali.

**Study design:** we conducted a cross-sectional study using a systematic random sampling approach where each restaurant had an equal chance of being selected within the sampling frame. The sampling frame was made up of 284 fast-food restaurants, established based on the list of restaurants provided by the Association of Fast Food and Confectioneries in Nigeria (AFFCON) Abuja chapter. The study was conducted from November 2017 to July 2018 after obtaining Ethical approval from the Scientific and Ethical committee of the FCT Health Research Ethics Committee in July (Approval Number: FHREC/2016/01/87/ 10-11-16). Permission was sought from the management of each fast food restaurant selected before the commencement of the study.

**Sampling technique:** samples of raw meat were aseptically collected in sterile cellophane bags, labeled and then placed on ice packs in a Coleman flask and transported from point of collection to the laboratory for analysis. All collected samples were analyzed within 5 hr of collection. A total of 151 restaurants constituted the sampling sites. Two hundred and eighty-six (136 raw beef and 150 raw chicken meat) samples were collected and tested for *Salmonella*.

**Procedure for examination of samples for *Salmonella*:** *Salmonella* was isolated based on standard protocols [18].

**Pre-enrichment;** ten (10) g of sample was weighed and aseptically transferred to a stomacher bag; 90 ml peptone water was added and briefly homogenized in a laboratory Stomacher for 1 minute. The homogenate was then poured into sterile conical flasks and incubated at 37°C for 24hr.

**Enrichment;** 10ml of the incubated homogenate was transferred to sterile conical flasks containing 90ml of Rappaport Vassiliadis broth and incubated at 37°C for 24hrs.

**Plating;** loopful of the incubated homogenate was then streaked on the SSA plate to ensure isolated

colonies which were then incubated at 37°C for 24hrs.

**Preliminary identification;** one or more characteristic colonies appearing transparent or translucent colorless colonies, with or without black centers on SS agar were picked and inoculated into Triple Sugar Iron (TSI) agar and Urea agar. Colonies which gave reactions typical of *Salmonella* by showing Alkaline/Acid with or without gas and hydrogen sulfide on TSI and were urease negative were kept at 4°C on Nutrient agar (NA) slants until characterized.

**Biochemical characterization:** the biochemical characterization performed was based on standard techniques [18]. All isolates that gave reactions typical of *Salmonella* in all or most of the tests and substrates were considered to belong to the genus *Salmonella*. Microbact 12E Gram-negative bacillus (GNB) rapid identification system (Oxoid, Basingstoke UK). This is a miniature identification system that is computer-aided used for members of the family *Enterobacteriaceae*. Organism identification is based on substrate utilization and pH change. It has been reported to be, convenient, accurate, and simple to use alternative to the traditional time consuming conventional biochemical methods for identification [19]. A 24 hr culture of presumptive *Salmonella* colonies on selective media was obtained; next, an oxidase test was performed using oxidase test strips. One to three (1-3) isolated colonies of each culture, were picked and emulsified in 3ml sterile normal saline. The microplate was placed in a holding tray and the seal peeled back. Four (4) drops of bacterial suspension were added to each well, resealed and incubated at 37°C for 24hr. After 24hr of incubation, appropriate reagents were added to well 8, 10, and 12. Two(2) drops of Kovac's reagent was added in well 8 and observed for 2 minutes, 1 drop of VP1(Voges Proskauer) and VP2 to well 10 and observed for 15-30 minutes, and 1 drop of TDA in well 12, which was interpreted immediately. Results were recorded in report forms containing the substrates that were tested. Twelve (12) substrates were tested; lysine, ornithine, hydrogen

sulfide, glucose, mannitol, xylose, ONPG (o-Nitrophenyl  $\beta$ -D-galactopyranoside), indole, urease, Voges-Proskauer, citrate, and TDA. Three substrates formed 1 group with each substrate assigned a number; when a substrate gave a positive result, the corresponding number for that group was summed up and recorded. A computer-identification software was used which permitted the input of a 4 digit code generated from the report forms; this promptly gave the probable identity of the organism tested in percentage. The Microbact software permits a 75% cut-off point for a probable identification. All tests that gave less than 75% were not accepted as *Salmonella*.

**Antimicrobial susceptibility profiling:** all the isolates identified as *Salmonella* species from the Microbact 12E identification were tested for their susceptibility to twenty (20) antimicrobial agents with the following disc contents; Tetracycline (30 $\mu$ g), Amoxicillin/clavulanic acid (30 $\mu$ g), Ampicillin (10 $\mu$ g), Chloramphenicol (30 $\mu$ g), Trimethoprim (5 $\mu$ g), Sulphamethoxazole/trimethoprim (25 $\mu$ g), Gentamicin (10 $\mu$ g), Ciprofloxacin (5 $\mu$ g), Nitrofurantoin (300 $\mu$ g), Amoxycillin (10), Cephalothin (30), Cefoxitin (30), Cefotaxime (30), Ceftazidime (30), Tobramycin (10), Amikacin (30), Norfloxacin (10), Nalidixic acid (30), Colistin Sulphate (10) and Imipenem (10) based on recommendations of CLSI performance standards for antimicrobial susceptibility testing [20]. Two to three (2-3) colonies of the appropriate culture were inoculated into 5ml tryptone soy broth and incubated at 37°C until the turbidity approximated 0.5 McFarland's standard. Mueller Hinton agar plates were produced and used according to manufacturers' instructions. (Oxoid, Basingstoke UK). Sterile swabs were dipped into the broth culture with the excess broth drained by pressing on the inner side of the tube; this was used to streak the Mueller Hinton agar in three directions at 180o until the entire surface was streaked. The plates were allowed to dry at room temperature for 10 minutes and the antimicrobial disks were dispensed unto the plates using the multiple disc

dispenser (Oxoid, Basingstoke UK). The discs were further pressed with sterile forceps to ensure complete contact with the medium. The petri dishes were then inverted and incubated at 37°C for 18hrs. After incubation, the zones of incubation were measured to the nearest millimeter and interpreted based on the interpretation of the zone diameter of test culture provided by the Clinical and Laboratory Standards Institute (CLSI) [20].

**Determination of multiple antibiotic resistance (MAR) indexes:** the MAR index points to the level of antibiotic resistance exhibited by an organism. This is calculated as described by Saba and colleagues [21].  $MARI = a/b$  where "a" is the total number of antibiotics to which an organism is resistant and "b" is the total number of antibiotics against which the organisms were tested.

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**Determination of multidrug resistance (MDR):** MDR was determined by ascertaining the drug class of each test antibiotic and registering those isolates with resistance to three or more classes [22].

#### **Determination of virulence potentials of isolates by polymerase chain reaction**

**DNA extraction;** all isolates were inoculated into 5ml of tryptone soy broth (TSB) and incubated for 24hrs at 37°C. DNA extraction was carried out using the ZR Fungal/Bacterial quick DNA MiniPrep™ D3024 (Zymo research). All protocols were followed and ultra-pure DNA was eluted into 50µl DNA elution buffer. All preliminary isolates were subjected to the polymerase chain reaction, with the *inv A* being the targeted gene.

**Primer;** primers used were obtained from INQABA™, South Africa and were synthesized based on the sequence of the *inv A*, with F5'GTG, AAA, TTA, TCG, CCA, CGT, TCGGGCAA-3' as the forward primer and R 5'-TCA, TCG, CAC, CGT, CAA, AGG, AAC, C-3' as a reverse primer to give an expected amplicon size of 284bp [23].

**Salmonella PCR assay;** PCR was carried out in a total volume of 50µl containing 10µl template DNA, 2.5µl of the forward primer, 2.5µl of reverse primer, 25µl of DreamTaq PCR master mix containing dNTPs, Taq polymerase and 4mM MgCl<sub>2</sub>, 10µl of nuclease-free water was also added. PCR was performed in a DNA thermal cycler (Applied Biosystems, Gene Amp PCR system 9700). After an initial denaturation step of 2 min at 95°C, 35 cycles of amplification were performed. Each cycle consisted of the following steps; 30 sec at 95°C (denaturation), 30 sec at 53°C (primer annealing), and 1 min at 72°C (extension) and 72°C for 7 min for the final extension. Ten microlitres of the reaction mixture were then resolved by electrophoresis on 2% agarose gels with the 100bp DNA ladder (Fermentas, Germany), and the reaction products were visualized by staining with ethidium bromide.

## Results

**Recovery frequency of samples:** a total of 286 samples were examined for *Salmonella*. *Salmonella* was isolated from only two samples which were from two different wards, namely Garki (1.7%) and Central area (3.2%) (Table 1). None of the poultry samples was positive for *Salmonella*.

**Identification and characterization of isolates:** identification with Microbact eleven suspected *Salmonella* were identified for further testing based on the preliminary tests that were carried out. The 11 suspects were further tested using the Microbact rapid kit for *Enterobacteriaceae*, which identified 3 out of 11 that were tested as *Salmonella*, but one isolate identified as *Salmonella* had a percentage probability below 75% and was not considered as positive. Three (3) isolates were

identified as *Proteus mirabilis*, two (2) as *Citrobacter freundii*, two (2) as *Acinetobacter baumannii*, and one (1) as *Serratia liquefaciens*.

**Serotyping of isolates;** serotyping was carried out at the WHO collaborating center for Antimicrobial resistance, Technical University Denmark, and isolates were confirmed to be the serotype *Salmonella* enteritidis.

**In vitro susceptibilities of the isolates to 20 antibiotics:** susceptibilities of *Salmonella* isolates to the 20 antimicrobials tested was noted; Both isolates were susceptible to Cefoxitin (FOX), Ceftazidime (CTZ), Amikacin (AK), Norfloxacin (NOR), Ciprofloxacin(CIP), chloramphenicol (C), Nalidixic acid(NA), Imipenem (IPM) and Amoxicillin/clavulanic acid (AMC). All the isolates(100%) were resistant to Ampicillin (AMP), Amoxicillin(AML), Cephalothin (KF), Tetracycline(TET), Trimethoprim (W), Sulphamethoxazole/trimethoprim (SXT) and Nitrofurantoin (F). One of the isolates was susceptible to Cefotaxime (CTX), Tobramycin (TOB), Gentamicin (CN), and Colistin sulfate (CT).

**Resistance patterns of the *Salmonella* isolates:** each isolate showed a distinct resistance pattern with isolate represented with code C2B' showing resistance to 9 antibiotics (AMP, AML, KF, CTX, TOB, TE, W, SXT, F )and isolate with code G2CB2' showed resistance to 10 antibiotics(AMP, AML, KF, TOB, CN, TE, W, SXT, F, CT), both displaying multiple drug resistance (MDR) phenotypes. Our study observed that all the isolates had multiple antibiotic resistance (MAR) index greater than 0.2(0.45 and 0.5 respectively).

**Detection of *invA* among isolates:** all 11 suspected isolates that were recovered from preliminary tests were screened for the *invA* gene. Only the 2 isolates identified as *Salmonella* by Microbact also showed the expected *invA* bands. (Figure 1).

## Discussion

Two *Salmonella* isolates, which included 1(1.7%) in raw beef from Garki ward and 1(3.2%) in raw beef from Central area wards of Abuja were isolated in this study giving a prevalence of 1.5% for the 136 raw beef samples analyzed, none was isolated from 150 raw chicken samples. An overall prevalence of 0.7% of the 286 samples investigated is observed to be lower than recent studies [15-17] which reported prevalences of 11% in raw beef, 14.1% from commercial broiler chicken, and 15.4% in raw chicken respectively. Our investigation observed multiple drug resistance (MDR) in the two *Salmonella* isolates recovered. All the isolates (100%) were resistant to ampicillin, amoxicillin, cephalothin, sulphamethoxazole, tetracycline, trimethoprim and nitrofurantoin. One (1) of the isolates was resistant to tobramycin, gentamicin, colistin sulphate and cefotaxime. The resistance of *Salmonella* isolates to cephalosporins is emerging to be a significant public health problem, cephalosporins are considered to be one of classes of drugs of choice used in the treatment of invasive non-typhoidal *Salmonella* infections in situations where trimethoprim/sulfamethoxazole or ampicillin is clinically ineffective [23-25]. Research has shown that there is a linear correlation of resistance to beta-lactam antimicrobials with the lactamase level over some time and resistance to beta-lactam can be attained by escalating enzyme levels [26]. Hence, the protracted use or misuse of cephalosporins selects for resistance over a period. The MAR index reported in this study (0.45-0.5) seems to be high, which signals the exposure of the animal product source (cattle) to high-risk contamination with antibiotic-resistant pathogens from high-risk environments, which increases the possibility of shedding microorganisms harmful to humans [27].

The invasion gene *invA* was detected in both isolates. This gene is essential for full virulence in *Salmonella* and is thought to trigger internalization required for invasion of deeper tissue [23]. This finding closely agrees with other studies that

reported the detection of this gene in almost all *Salmonella* isolates, [8,23], and reported that PCR assay using *invA* primers specific for *Salmonella* considerably decreases the number of false-positive results. Amplification of the *invA* gene is now recognized as an international standard procedure for the detection of the *Salmonellagenus* [8]. Several studies in Nigeria have reported recovery of *Salmonella* spp. from apparently healthy animals and animal products at varying prevalence; 6.4% from chicken, 14.1% in raw meat, 39% in apparently healthy slaughtered food animals and 2% in raw beef respectively [11,13,28-29]. Other studies carried out in other parts of Africa have continued to report *Salmonella* from animals and animal products. *Salmonella* was detected with a prevalence of 19% in beef carcasses in South Africa [30], 4% in sausage, 2% in spiced meat minced meat in Egypt [31] and 4.2% in slaughtered cattle and 12.1% in minced meat in Ethiopia [32]. This varying prevalence may be attributed to the *Salmonella* carriage among animals in different locations and countries, and may be influenced by multiple aspects such as the critical role of the slaughter process in contamination of carcasses, abattoir environment, poor slaughter techniques, wet and dry hides and skin, contaminated slaughter equipment, improper evisceration, faulty transportation, and retail procedures, storage conditions, sample types, culture methods and culture media used [33].

The storage temperature of the samples collected in this study could be a factor that may have contributed to the low prevalence rate observed, which is an important factor in the survival of pathogenic bacteria [34]. The temperature range for the growth of *Salmonella* spp. is 5.2-46.2°C, with the optimal temperature being 35-43°C. Although freezing affects *Salmonella* spp. survival, it does not guarantee the destruction of the organism. There is an initial sharp decrease in the number of viable organisms at conditions close to the freezing point as a result of the freezing damage, but *Salmonella* spp. in some situations have been seen to have the

ability to survive long term frozen storage at lower temperatures as well [35]. Another contributing factor may be linked to a limitation observed in this study; samples for this study were collected from registered fast-food restaurants and during sampling, it was discovered that some fast-food restaurants were not registered with AFFCON. It was also observed that the 2 *Salmonella* isolates identified by Microbact were confirmed to be *Salmonella* based on PCR detection of the *invA* gene; this suggests that the Microbact is a sensitive tool for rapid identification from a pure culture. The need for rapid identification of organisms from samples with or without outbreaks is necessary, and thus the convenience and efficiency demonstrated by the Microbact kit suggests a possibility for it to be used for rapid identification of foodborne organisms and also can be used to improve diagnosis in laboratory settings.

Our study was able to provide new information on an important foodborne pathogen in the food industry, specifically fast-food restaurants, which were hitherto not reported in Abuja. The MDR status of the isolates and the presence of a virulence gene reported in this study is also significant. The inappropriate application and control of a uniform food safety management system like the Hazard Analysis Critical Control Points (HACCP) by some of the fast-food restaurants sampled and the subsequent recovery of a pathogenic organism from animal products used in fast-food restaurants is a cause for concern. Food animals are the major reservoirs of *Salmonella* and the findings in this study suggest that meat sourced and kept in an unhygienic environment, and kept in inappropriate storage conditions could be a potential reservoir for *Salmonella* [36]. The consumption of contaminated food of animal origin can bring about the acquisition of antimicrobial-resistant foodborne pathogens [37] which is undesirable. Antimicrobial use and misuse have been contemplated to be the most vital selecting force for antimicrobial resistance of bacteria development and spread in both veterinary and human medicine [38].

Inappropriate antibiotic usage in food animals could predispose humans to risks of antibiotic-resistant bacterial infections with the situation additionally complicated by the potential of resistant bacteria to transfer their resistance determinants to resident human microflora and other pathogenic bacteria [37]. It is, therefore, necessary for all fast-food restaurants in Nigeria to properly implement a food safety management system. Lack of personal hygienic measures, poor hygiene practices in abattoirs, lack of disinfection during retailing/storage equipment, poor handling and processing methods coupled with poor environmental sanitation are all potential factors that can lead to contamination of meat. Hence, proper handling of raw meat is encouraged to prevent *Salmonella* contamination. Further studies should be carried out to assess risk factors involved in the spread of MDR *Salmonella* isolates along the food chain.

## Conclusion

Two (2) isolates of *Salmonella* were isolated from raw beef and all the isolates carried the virulence-associated gene *invA* and this suggests that they are potentially virulent. These isolates also exhibited multiple drug resistance (MDR) phenotypes. Overall it can be concluded that the prevalence of *Salmonella* in the Federal Capital Territory (FCT) seems to be lower than reported in recent studies.

### What is known about this topic

- *The main reservoirs of zoonotic Salmonella are food animals;*
- *The inappropriate use of antibiotics in animals has led to a threat of AMR in animal and human health.*

### What this study adds

- *This study presents new data on the current prevalence of Salmonella from the meat used in fast-food restaurants in Abuja, Nigeria and contributes to the very scarce data on contamination of meat used for the preparation of meals in fast-food restaurants;*
- *The study shows a very high level of antibiotic resistance in Salmonella which should be further explored;*
- *This study confirmed the presence of *invA* virulence gene in the isolates which reinforces the need for the adoption of food safety management systems by all actors along the food supply chain, from farm to fork to limit the spread of such pathogens.*

## Competing interests

The authors declare no competing interests.

## Authors' contributions

Salome Samuel Bawa and Jacob Kwada Paghi Kwaga contributed to the conceptualization, data curation, formal analysis, investigation, methodology, resources, and writing of the original draft. Jacob Kwada Paghi Kwaga and Mohammed Kabiru Lawan contributed to data curation, project administration, supervision, validation, writing - review and editing while Samuel Bitrus Bawa contributed to interpreting results and investigation. All authors have read and agreed to the final manuscript.

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## Table and figure

**Table 1:** distribution of fast-food restaurants and recovery frequency of samples

**Figure 1:** detection of *Salmonella* by PCR

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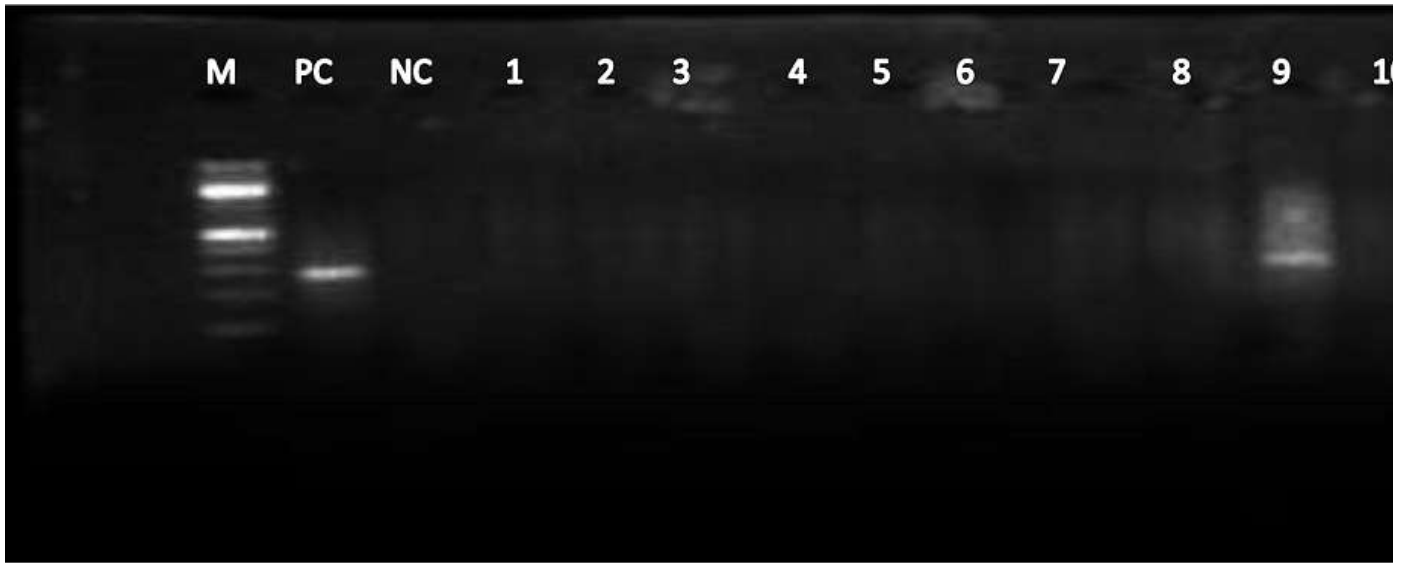
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**Table 1:** distribution of fast-food restaurants and recovery frequency of samples

S/NO	Ward	No. of fast-food restaurants	number of samples	Raw Chicken	Raw beef	No. positive for Salmonella (%)
1	Garki	34	60	30	30	1(1.7)
2	Central area	16	31	17	14	1(3.2)
3	Wuse	89	170	90	80	0(0)
4	Gwarinpa	7	18	10	8	0(0)
5	Kabusa	2	3	1	2	0(0)
6	Karu	2	3	2	1	0(0)
7	Nyanya	1	1	0	1	0(0)
TOTAL		151	286	150	136	2(0.7)

Distribution of samples collected by ward indicating the number of fast-food restaurants sampled and samples collected



**Figure 1:** detection of *Salmonella* by PCR